



ACCESSORIES: NECK BUFF



MATERIALS REQUIRED

2 different kinds of material (e.g. t-shirts, linen, etc.), suitable thread, scissors, measuring tape, a sewing machine, fixing pins and a flat iron and an ironing board.

DEGREE OF DIFFICULTY

Easy – Medium.

APPROXIMATE TIME REQUIRED

60 minutes to show and explain and 30 minutes to work independently.

LEARNING GOALS

How to measure and sew different kinds of material, how to use a sewing machine, how to sew very precisely and to train the fine motorik skills.

STEP-BY-STEP INSTRUCTIONS

1. Choose two different soft materials.
2. Measure the material and sew it: For children: 110 cm x 20 cm; For adults: 140 cm x 30 cm.
3. Put the pieces on each other and sew one of the longer edges. Sew the other long edge as well, but leave 5 cm on each angle open.





4. Turn it around, fix the openings (right and right side) and sew them.



5. Turn the 5 cm openings inside, sew it and the loop will be ready to use.





TIPS

The degree of difficulty might vary between easy and medium depending on the target group and the amount of practise and experience.

